



Lylan Wingfield is a WV native that moved to the "big" city of Greensboro 11 years ago. She received her Bachelors of Arts in Sociology/Anthropology and Psychology from Washington and Lee University, and her Masters in Community Counseling from the University of North Carolina - Greensboro. Mrs. Wingfield has years of experience working in the field of community mental health and addictions counseling in local non-profit agencies. She specializes in working with adolescents and adults facing co-occurring mental health and substance use concerns. She loves helping individuals and families to find and develop their own path for recovery and success. In her free time, Mrs. Wingfield spends time with her family and their rambunctious dogs, exploring local hiking trails, and traveling.