

## Greensboro HEALS Counseling Services

Greensboro HEALS provides high-quality, **evidence-based counseling services** to people who meet the following criteria:

- 19-64 years old
- Have *co-occurring mental health and substance use challenges*. Co-occurring disorders can be things like having anxiety or depression and using alcohol, tobacco, or other drugs to help you cope.
- Uninsured without access to care
- Underinsured and orange card pays significantly reduced rate

### **What Services Are Available?**

- Comprehensive clinical assessments
- Individual, couple, group, and family therapy
- Patient navigation and case management (as available)
- Psychological consultations
- Psychoeducation groups
- Peer support



## Recovering YOU Therapeutic Services

We offer a variety of services that provide support and hope in a confidential setting.

The Greensboro HEALS program offers **recovery-oriented therapy services**.

Therapeutic services include not only traditional counseling, but also self-care, nutrition, boundaries, and all things recovery from both mental health and substances.

### ***Recovery IS Possible!***



Funding provided by the Cone Health Foundation. Cone Health Foundation has as its mission to invest in the development and support of activities, programs and organizations that measurably improve the health of people in the Greater Greensboro Area.

## HOPE Peer Support Group

*H.O.P.E. (Healing Opportunities and Personal Encouragement)* provides a safe place to instill confidence and well-being.

Led by trained peer facilitators, *H.O.P.E.* provides a **recovery-focused peer support group** for adults with mental health and/or substance use concerns.

Learn more about strategies to cope and manage symptoms and challenges that you may have, and share and connect with others who may have similar struggles.

**Call for group times and to  
find out more!**

**336-429-5600**

**Register today!**

**Free (or reduced)  
for all attendees!**



***Making a Difference Together!***

## About Us

We are a nonprofit (501c3) organization that supports individuals, children, and families toward safety and wellness. We provide a variety of services that are categorized into four main areas:

- Victim Advocacy and Patient Navigation
- Clinical Assessment, Treatment, and Peer Support
- Youth Leadership and Empowerment
- Community Outreach and Mobilization

### What Makes Us Unique?

- Services are geared toward those who otherwise would not have access to care (private pay services also available)
- Services are available for individuals of all ages
- Services are free or reduced
- Services are integrated and focused on restoration and healing



## Contact Us

To make a referral or to find out more about this program, call us at:

**336.429.5600**

Anyone can refer someone.

Referrals can also be emailed to:  
[referral@kellinfoundation.org](mailto:referral@kellinfoundation.org)

**KELLIN**  
FOUNDATION

[www.kellinfoundation.org](http://www.kellinfoundation.org)

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The Greensboro HEALS (Healing and Empowerment for All Survivors) Program Presents:

## Treatment Services for Co-Occurring Disorders



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